

DRINKS

Flavoured Milk 250ml \$2.60

Chocolate or Strawberry

Fruit Juice 250ml \$2.60

Apple, Apple & Blackcurrant or Orange

SNACKS

Daily snacks available at the canteen,
changing daily

Juicy Ice Pop \$1.00

Paddle Pop \$2.20

Choc: Rainbow or Banana

Homemade Pikelet 0.80

Fresh Fruit Tubs 1.50

Seasonal fresh fruit salad

Fresh Popcorn 1.20

Air popped

Cheese & Crackers (GF) 1.50

Custard Cup (GF) 1.50

Chocolate or Strawberry Mousse (GF) 1.50

Homemade Sweet Muffin (GF & DF) 2.00

Yoghurt & fruit (GF) 1.50



FUEL FOR SCHOOL TASMANIA
thinking food for kids

Orders can be placed online via the QKR app
until 9:00pm every Tuesday evening.

Special dietary requirements can be catered
for, please come and talk to our friendly
canteen staff to discuss your requirements and
please be aware ordering for these is required
to ensure we can accommodate your requests
and you don't miss out.



FUEL FOR SCHOOL TASMANIA
PO Box 8
Brighton 7030 TAS

St John's Catholic School

Canteen Menu

2021



Email:
fuelforschooltasmania@gmail.com

DAILY HOT FOOD

Grilled Chicken Burger	\$5.70
<i>Freshly grilled Chicken tenderloins Lettuce, grated carrot, tomato, cheese & mayo</i>	
Veggie Burger	\$5.70
<i>Veggie burger, lettuce, tomato, grated carrot & mayo</i>	
Chicken Wrap	\$5.70
<i>Grilled Chicken breast, Lettuce, tomato, grated carrot & mayo</i>	
Pizza Sub (homemade)	\$5.20
<i>Ham, cheese & pineapple</i>	
<i>Chicken, cheese, pineapple & BBQ sauce swirl</i>	
Small Corn Cob	\$1.20
Garlic Bread Roll	\$1.60
National Large Meat Pie (Mag 7)	\$4.50
Party Pie	\$1.60
Chicken Nuggets (5) (GF) add a side salad for \$2 extra	\$4.00

TOASTED SANDWICHES

Bread options available are white, Whole meal or GF bread

Cheese or Ham	\$3.50
Ham and cheese	\$4.00
Cheese and tomato	\$4.00
Ham, cheese and tomato	\$4.50
Chicken, cheese and mayonnaise	\$4.50
Chicken, cheese and pineapple	\$4.50



SANDWICHES, ROLLS & WRAPS (FRESH)

Freshly made sandwiches, rolls and wraps

Salad Roll	\$5.70
<i>Just salad, Chicken, Ham or Tuna</i>	
<i>Salad includes: lettuce, tomato, grated carrot, cucumber, sliced tasty cheese & mayonnaise</i>	
Salad Wrap	\$5.70
<i>Just salad, Chicken, Ham or Tuna</i>	
<i>Salad includes: lettuce, tomato, grated carrot, cucumber, sliced tasty cheese & mayonnaise</i>	
Open Salad Pack (GF)	\$6.20
<i>Just salad, Chicken, Ham or Tuna</i>	
<i>Lettuce, tomato, grated carrot, celery sticks, cucumber, & grated cheese. Salad dressing or mayonnaise</i>	
Basic Sandwich or Roll	
<i>Add 1 filling</i>	\$3.50
<i>Add 2 fillings</i>	\$4.00
<i>Add 3 fillings</i>	\$4.50
<i>Fillings available include, Vegemite, Cheese, Ham, Chicken and all salad options—these include: lettuce, tomato, grated carrot & cucumber</i>	

DAILY SPECIALS

Jacket Potato (GF)	\$5.50
<i>Homemade Curry chicken and vegetable or Ham, cheese & pineapple</i>	
Sushi (GF)	\$5.00
<i>Sushi either Chicken Teriyaki, Tuna or Vegetarian</i>	
PLEASE NOTE: Sushi QKRI	
<i>Orders close 9pm Mondays for Wednesday Lunch orders</i>	
Lasagne	\$5.50
<i>Homemade bolognese sauce between fresh lasagne sheets, topped with a cheesy sauce</i>	
Taco Salad Bowl (GF)	\$5.50
<i>Salad bowl- with lettuce, tomato, grated carrot, taco beef mince, grated cheese & a handful of corn chips</i>	

EXTRAS

Tomato Sauce	0.40
BBQ Sauce	0.40

